

COMMUNITY RESOURCE LIST

Community Agencies

Arab American Family Services

9044 S. Octavia
Bridgeview, Illinois 60455
708-599-2237
Website: <http://arabamericanfamilyservices.org/>

Aunt Martha's Youth Service Center- Administrative Center

19990 Governors Highway
Olympia Fields, IL 60461
(708) 747-7100
Hotline (877) My-Aunt-M
(Multiple locations which provide various services for children and health care)
Website: www.auntmarthas.org

Fee: sliding scale

Bilingual Services: yes

Services: child care, counseling, crisis intervention, emergency shelter, employment assistance, health services, prenatal care. Parenting Services Network, mental health services, prevention programs (substance abuse and STD), youth leadership and involvement services, support groups self-help groups.

Bremen Youth Services

15350 Oak Park Avenue
Oak Forest, Illinois 60452
708-687-9200
Website: <http://www.bremenyouthservices.org/>

Bridge Teen Center

15555 S. 71st Court
Orland Park, IL 60462
708-532-0500
Website: www.thebridgeteencenter.org

Services: non-profit community center for students in 7-12th grade. They offer free programs after school and on Friday nights that are designed with the interests and needs of students in the suburbs. Must fill out a one-time membership application for access to events, drop in, and programs.

Catholic Charities

7000 W. 111th Street
Suite 101, Worth, IL 60482
(708) 430-0428

Community Support Services

9021 Ogden Avenue
Brookfield, IL 60513

(708) 354-4547

Website: <http://www.cssservices.org/>

Diversified Behavioral Services

11070 S. Western

Chicago, IL 60643

(773) 239-9700

*counseling

Family Health Care (Illinois Dept. of Human Services)

(866) 4-OUR-KIDS (866-468-7543)

Governor's State University

1 University Parkway

University Park, IL 60484

708-534-4545

Website: <http://www.govst.edu/counselinglab/>

Grand Prairie Services

17746 Oak Park Avenue

Tinley Park, IL 60477

(708) 444-1012

Hours of Operation: 9am-5pm

Or

450 West 14th Street

Chicago Heights, IL 60411

(708) 503-9670

Hours of Operation: Monday-Wednesday 8:45am-8pm, Thursday-Friday 8:45am-5pm

Or

19530 Kedzie Avenue

Flossmoor, IL 60422

(708) 799-2200

Hours of Operation: Monday, Tuesday, & Friday 8:45am-5pm; Wednesday & Thursday

8:45am-9pm

Or

1909 Cheker Square

Hazel Crest, IL 60429

(708) 331-05000 (24 hours)

Or

16278 Prince Drive

South Holland, IL 60473

(708)754-8815

Website: <http://www.gpsbh.org/>

Fee: sliding scale

Bilingual Services: yes

Hours of Operation: Monday & Tuesday: 9am – 8pm, Wednesday 9am-6pm, Thursday &

Friday 9am-5pm

Services: counseling, crisis intervention, adolescent mental health services, adult mental health services, referral services, prevention services, emergency shelter.

Illinois Department of Human Services

Helpline: (800) 843-6154

MacNeal Behavioral Health Services

3249 S. Oak Park Ave.

Berwyn, IL 6402

(708) 783-3605

(708) 783-3140 (24 hours)

Metropolitan Family Services

10537 South Roberts Road

Palos Hills, Illinois 60465

708-974-2300

Website: <http://www.metrofamily.org/community-centers/southwest/default.aspx>

Orland Township Youth and Family Counseling Services

14807 South Ravinia Ave.

Orland Park, IL 60462

(708) 403-4001

Hours of Operation: Monday – Friday: 9am – 5:00pm

Services: Counseling, Community Outreach, and Prevention/Youth Commission

Pillars Community Services

8020 W 87th St

Hickory Hills, IL 60457

(708) 745-5277

Website: <https://pillarscommunity.org/>

Fee: sliding scale

Bilingual Services: yes

Services: child care, counseling, sexual assault counseling, domestic violence shelter, out-patient substance abuse prevention, prevention programs.

Sertoma Centre

4331 West Lincoln Highway

Matteson, IL

708-335-4008 (Marianne Bithos- President of NAMI South Suburbs)

Services: Family to Family Class- free and has a lot of information about mental illness and how to cope and learn to advocate for your loved one.

Suburban Access

900 Maple Ave

Homewood, IL 60430

(708) 799-9190

The South Suburban Council on Alcoholism and Substance Abuse

1909 Checker Square
Hazel Crest, IL 60429
(708) 647-3333
Services: substance abuse programs for ages 12-17
Website: <http://sscouncil.org/>

Trinity Services Behavioral Health

301 Veterans Parkway
New Lenox, IL 60451
815-485-6197
Or
18100 Oak Avenue
Lockport, IL
815-774-0327
Website: <https://www.trinity-services.org/>

Worth Township

11601 S. Pulaski Road
Alsip, IL 60803
(708) 388-2101
Services: Anger management, individual and family counseling, and peer jury program
Fee: Sliding scale, based on ability to pay

PRIVATE THERAPISTS/AGENCIES

Agor Behavioral Health Services, Inc.

24402 W. Lockport Street
Suite 224
Plainfield, IL 60544
Or
24024 Brancaster Drive
Naperville, IL 60564
630-621-5824
Website: <http://www.doctoragor.com/>
*mental impairment w/mental health counseling

Anxiety and Stress Center

62 Orland Square Drive #101
Orland Park, IL 60462
708-349-5433
Website: <http://www.anxiety-stresscenter.com/>

Benchmark Psychiatric Services

11231 Distinctive Drive
Orland Park, IL
1-800-461-9533

Services: comprehensive psychiatry and counseling services
Website: <http://www.benchmarkpsychservices.com/>

Bienemann, Kay PhD, LPC

9601 W. 165th Street
Suite 6
Orland Park, IL 60462
708-880-9919

Bright Futures Psychological Services

Services: anxiety, self-injury, school refusal, eating disorders, mood disorders, ADHD, and social difficulties
14315 S. 108th Ave. Suite 220
Orland Park, IL 60467
708-403-6796

Burkhardt Services, Ltd

60 Orland Square Drive, Suite 203
Orland Park, Illinois 60462
708-364-7046
Website: <http://www.burkhardtservices.com/>

Centers for Family Change

2625 Butterfield Rd
Suite 101N
Oak Brook, IL 604523
630-586-0900
Services: Counseling for various mental health illnesses
Website: www.centersforfamilychange.com

Center for Psychological Services

10735 S. Cicero Ave
Oak lawn, IL 60453
(708) 424-0001
Website: <http://www.cpstherapy.com/>

Challenge Behavioral Healthcare

Provider of counseling, psychological, outpatient, DUI, employee assistance programs
15 Spinning Wheel Road
Suite 124
Hinsdale, Illinois 60521
630-325-8252
NO INSURANCE ACCEPTED...DOCUMENTS PROVIDED TO POSSIBLY BE RE-IMBURSED

Chicago Christian Counseling Center

15127 S. 73rd Ave.
Suite G

Orland Park, IL 60462
708-845-5500
Website: <http://www.chicagochristiancounseling.org/index.htm>

Counseling Care

Roxanne Norvais LCPC

16860 Oak Park Ave
Suite 201
Tinley Park, Illinois 60477
708-614-7359
Services: Family therapy

Cronwall, Melinda LCPC

9601 W. 165th Street, Suite 6
Orland Park, Illinois 60462
708-873-0170

Frankfort Counseling Associates

Prairie Building
33 East Colorado Avenue
Frankfort, IL 60423
815-469-6480
Website: <http://www.frankfortcounselingassociates.com/>

Gomez, Rose, MD, Therapist

7600 W. College Dr.
Palos Heights, IL 60463
708-361-1616

Healing Center at Silver Lakes Garden

15127 S. 73rd Ave.
Suite C
Orland Park, IL 60462
708-586-9303
Services: Counseling for various mental health illnesses
Website: <http://www.healingcenterslg.com/>

and

Healing Center for Behavioral Health

1005 W. Laraway Road
Suite 230
New Lenox, IL
815-570-9303
Services: mental health counseling for children and adolescents, behavioral therapy and occupational therapy

Hoover and Associates

Dr. Sandra Kasprzyk

16325 S. Harlem Avenue, Suite 200

Tinley Park, IL 60477

708-429-6999

Website: <https://tinleyparkpsychologicalcounselingservices.com/>

Hope Enrichment Center, P.C. LCPC

7300 W. College Drive

Suite 203

Palos Heights, IL 60463

708-448-7848

Services: EMDR Therapy, Neurofeedback, Anxiety, Panic, Depression, Divorce recovery, addiction recovery

Website: <http://www.hopeenrichmentcenter.com/>

Hurley, Dave LCPC

10522 S. Cicero Ave.

Suite #202

Oak Lawn, Illinois 60453

708-636-2211

Insightful Solutions

Clinical Psychologists

Dr. Chiariello, Dr. Krucek, and Dr. Swanson

10310 Orland Parkway #201

Orland Park, Illinois 60467

708-995-1167

Services: Counseling for various mental illnesses

Website: <http://istherapy.com/>

Just Mediation

Danette Perry

Services: rebuilding family relationships through coaching and mediation

630-437-1030

Kroneberg, Donald LCSW

Certified Drug and Alcohol Counselor

Hoover and Associates

16325 S. Harlem Ave

Suite 200

Tinley Park, IL 60477

708-429-6999 ext. 259

Olive Branch Counseling Associates

6819 West 167th Street

Tinley Park IL 60477

(708) 633-8000

Website: <http://www.olivebranchcounselingassociates.com/obcaweb/>

Mahoney, Edward, PsyD

9550 W. 167th Street

Orland Park, IL 60467

708-873-4500

McKibben, Alex, LCPC, MS

24402 West Lockport Street

Suite #204

Plainfield, IL 60544

630-456-2519

Palos Behavioral Health Professionals

11800 S. 75th Ave. (by Lake Katherine)

Suite 300

Palos Heights, Illinois 60463

Or

20550 S. LaGrange Ave.

Frankfort, IL 60423

Phone: 708-671-8440

Personal Balance Counseling

9611 W. 165th Street

Suite 16

Orland Park, IL 60467

708-949-8688

Services: Child and adolescent counseling, individual and family counseling, social skills groups, group counseling, consultation, seminars

Professional Counseling Services

17732 Oak Park Avenue

Tinley Park, Illinois 60477

708-342-1773

Rago & Associates

Specializes in the treatment of Eating Disorders

210 West Maple Street (Rt. 30)

New Lenox, Illinois 60451

630-637-9300, Ext. 309 (Kendra DeFrank, MA, LPC)

Website: <http://www.ragotherapy.com/>

Rhone, Chris LPC

7234 Ogden Ave.

Suite 3N

Riverside, Illinois 60546

Services: specialty in self-injury

708-447-2277

**Dr. Martie Ryan-Lukanich LCP
(Female Therapist)**

9601 W. 165th Street
Suite 6
Orland Park, Illinois 60467
708-829-8277
Fee- Sliding Scale

Shere & Associates

10402 S. Cicero Avenue
Oak Lawn, IL 60453
(708) 422-2898 (Number is for all locations)
or
11309 W. 183rd Street
Orland Park, IL 60467
or
17716 S. Oak Park Ave.
Tinley Park, IL 60477
Website: <http://shereandassociates.com/>

Speech Plus

Social Thinking Groups
10071 W. Lincoln Highway
Frankfort, IL 60423
815-464-6069

The Family Institute at Northwestern University

618 Library Place
Evanston, IL 60201
847-733-4300
Website: <http://www.family-institute.org/>

The Therapy Center

9031 151st St Suite 102
Orland Park, IL 60462
708-460-2111
Website: <http://www.thetherapycenterorlandpark.com/index.php>

Timberline Knolls- Residential Treatment Program

40 Timberline Drive
Lemont, Illinois 60439
877-870-7530
Website: <http://www.timberlineknolls.com/>

V & R Behavioral Health Services

(Doug Vaselakos, PhD. or Tracy Robinson, PhD.)
700 Ravinia
Orland Park, Illinois 60462
708-226-0010
Website: <http://www.vrbehavioral.com/>

Zaborac Counseling Group

17255 Oak Park Ave.
Tinley Park, IL 60477
708-633-4533
Website: <http://www.doreenzaborac.net/index.html>

COUNSELING AND SIGN LANGUAGE

Advocate Illinois Masonic Mental Health

W/ Metropolitan Family Services
Dr. Toby Perlman (Bilingual in American Sign Language & English)
773-296-3241
Accept Medicaid/medicare/sliding scale fee

PSYCHIATRISTS

Dr. Martins Adeoye

15010 South Ravinia Avenue Suite 15
Orland Park, Illinois 60462
708-364-0580

Dr. Sudhir Gokhale, MD, S.C.

10522 S. Cicero
Oak Lawn, Illinois 60453
708-636-2214

Dr. Paul Killion, Psychiatrist

12255 S. 80th Ave.
Palos Heights, IL 60463
(708) 923-7878
Fee: Accepts insurance, sliding scale

Kirk Clinic

Dr. Kirk, Dr. Fernald

15040 Ravinia Ave.
Suite 44
Orland Park, IL 60462
708-226-1280

Dr. Clara Perez

3235 Vollmer Road
Suite 137

Flossmoor, Illinois 60422
708-206-1300
Services: Mental health with a speciality in mental impairment

Chicago NeuroBehavior Specialists, LTD.

Dr. Stefani, PhD & Dr. Atkinson, PhD
15010 S. Ravinia Ave. Suite 14
Orland Park, IL 60462
(708) 349-4420
Website: <http://www.chicagoneurobehavior.com>

Dr. James Smedegard

Palos Medical Group

12255 S. 80th Ave.
Suite 202
Palos Heights, IL 60463
708-923-7878

Dr. Pradeep Thapar

1835 Dixie Highway
Suite 100
Flossmoor, Illinois 60422
708-799-8384

Hospitals

Elmhurst Memorial Hospital Adolescent Programs

183 North York Road
Elmhurst, IL
(630) 941-4577
*partial hospitalization and intensive outpatient program

Alexian Brothers Behavioral Health Hospital

Mental Health and Addiction Services
1650 Moon Lake Blvd.
Hoffman Estates, IL 60169
800-432-5005

Advocate Christ Medical Center

4440 W. 95th Street
Oak Lawn, Illinois 60453
(708) 684-8000

Linden Oaks Hospital

852 South West Street
Naperville, IL 60540
(630) 305-5027
Bilingual Services: Yes
*Mental Health and substance abuse treatment. Inpatient and outpatient therapy.

Services: Counseling, Crisis Intervention, Emergency Shelter, Prevention Programs, Referral Services, Speakers Bureau, Domestic

Palos Community Hospital

12251 S. 80th Ave.
Palos Heights, Illinois 60463
(708) 923-4000

Palos Behavioral Health Services (affiliated with Palos Community Hospital)

15300 West Avenue
Suite 313
Orland Park, IL
708-460-2721

Outpatient behavioral health services. Individual and group therapy.

Riveredge Hospital

Services: behavioral health, child and adolescent
Main Number: 708-771-7000
Assessment & Referral: 708-209-4181
ACCESS CENTER
8311 W. Roosevelt Road
Forest Park, IL 60130

Silver Cross Hospital

1900 Silver Cross Blvd.
New Lenox, IL 60451
815-300-1100

RESOURCES

Alcohol and Drug Abuse Helpline and Treatment

1-800-234-0420

BraveHeart Youth & Family Loss Group

Part of Horizon Hospice and Palliative Care
Support group for students who have experienced the death of a special person
708-283-8150

Child Support Services Helpline

(800) 447-4278

Cook County Sheriff Youth Services Department

773-674-2276
Services: prevention programs, DUI, and special projects

Crisis Center for South Suburbia

(708) 429-7255
TDD# (708) 429-7284

Hotline: (708) 429-7233 (24 hours/7 days a week)
Website: <https://crisisctr.org/>

Child Abuse Hotline

1-800-25-ABUSE (1-800-252-2873)

National Child Abuse Prevention Hotline

1-800-4-A-CHILD (1-800-422-4453)

24 hours a day/7 days a week

Dentist (Public Aid)

Children w/disabilities

1415 W. 47th Street

Lagrange, IL (before Willow Springs Road)

(708) 482-3636

*Only accept individuals with developmental disabilities and public aid, Illini Care or Etna Better Health.

UIC Specialized Care for Children

19065 Hickory Creek Drive

Suite 340

Mokena, IL 60448

708-326-4400

or

1919 S. Highland Ave.

Suite 320A

Lombard, IL 60148

Services: Home care, medical expenses, resources

Dr. Kelso (glasses)

Lyons Club

8525 S. Harlem Ave

Burbank, IL

(708) 599-0050

*once financial & vision needs are established

Eating Disorder Hotline

847-831-3438

Health Services for Southwest Suburban Cook County

Cook County Dept. of Health

10220 S. 76th Ave.

Bridgeview, IL 60455

708-974-6160

Services: dental, walk-in pregnancy tests and clinic, family health case management, WIC, walk-in immunization clinic, adult health clinic, etc...

All Kids

Illinois Children's Health Insurance Program

1-866-255-5437

TTY: 1-877-204-1012

Services: health insurance for children 18 years or younger and US citizen or legal immigrant, or pregnant women, or parents who are US citizens or legal immigrants for five years or more, and living with children 18 years or younger

Website: <http://www.illinois.gov/hfs/MedicalPrograms/AllKids/Pages/default.aspx>

Illinois Department of Human Services

(800) 843-6154

Services: Food Stamps, information on medical

Illinois Hunger Coalition

(800) 359-2163

Emergency food assistance referrals

Illinois Dept. of Public Health

Help Me Grow Hotline: (800) 323-4769

Information on dental services for children

Low cost on Medicaid

WIC, health care coverage and providers, immunizations sites, special needs children and other services for families.

National Runaway Switchboard Hotline

800-786-2929

National Parent Helpline at 1-855-427-2736

this is part of Parents Anonymous

Poison Control Hotline

1-800-222-1222

Sertoma Speech and Hearing Center

10409 S. Roberts Road

Palos Hills, IL

(708) 599-9500

Social Security

1-800-772-1213

Chicago Heights Office

Palos Hills Office

Southwest Special Recreation Association (SWSRA)

12521 South Kostner

Alsip, IL 60803

(708) 389-9423

STD/AIDS Hotline

1-800-243-2437

Suicide Hopeline

24 Hours/7 days: 1-800-784-2433 (1-800-suicide)

Chicago in-touch hotline (6pm-10:30 pm/7 days)

1-312-996-5535

National Suicide Prevention Hotline

Phone: 1-800-273-8255

Text: 741741

Chat: www.imalive.org

*Also have an option for support in Spanish and for those in the military.

Supporting Illinois Brothers and Sisters (SIBS)

Services: non-profit network to provide support to siblings of people with disabilities

Chicago, IL

708-989-3619

Website: www.sibsnetwork.org

The ARC of Illinois

20901 South Lagrange Road

Suite 209

Frankfort, IL 60423

815-464-1832

Services and resource for people with intellectual and developmental disabilities

Tough Love

Services: self-help program for parents, kids and communities and support groups

E-mail: toughlove.org

Tinley Park Police Department

7850 W. 183rd Street

Tinley Park, IL 60477

(708) 444-5300

LEGAL**Child Support Services Helpline**

(800) 447-4278

Family Law Bureau

Child Support Division

(Office of the Circuit Court Clerk of Cook County)

(312) 345-4125

Fax: (312) 345-4035

Services: The Child Support (IV-D) program establishes parentage and helps custodial parents receive child support for the non-custodial parent.

Land of Lincoln Legal Assistance Foundation, Inc.

(618) 398-0574

Website: <http://lollaf.org/>

Legal Assistance Foundation of Metropolitan – Chicago

(312) 341-1070

Website: <https://www.lafchicago.org/>

GUARDIANSHIP ASSISTANCE DESK FOR MINORS

Circuit Court of Cook County

Guardianship Assistance Desk

69 West Washington Street, Suite 1020

Chicago, IL 60602

(312) 603-0135

Guardianship Services Associates

41A South Boulevard

Oak Park, IL 60302

(708) 386-5398

Services for Homeless

Journey Hope

847-963-9163

PADS Shelter

Chicago Heights 708-332-770, Oak Lawn 708-233-1221, or Country Club Hills

708-550-4411

www.homelessshelterdirectory.org

list of free items and services

Catholic Charities

877-426-6515

Department of Rehabilitation

1-800-843-6154

****Consolidated High School District 230 does not endorse any treatment providers.
This list is for informational purposes only (Updated 6/2016).***